

O2Vent[®] Optima



Told you snore?
Are you a mouth breather?
Do you have OSA?



Introducing O2Vent[®] Optima,
a customised 3D printed oral
device for the treatment of
snoring and OSA

Snoring is a symptom of OSA

Obstructive sleep apnoea (OSA) is a common and serious condition.

OSA occurs when there is a pause or interruption to breathing during sleep, caused by a partial or total collapse of the airway.

These pauses are known as apnoeas. Apnoeas can happen throughout the night, leading to a lack of oxygen reaching the brain and heart. This results in the inability to achieve restful sleep, causing increased physical and mental stress on the body.

Common signs and symptoms of OSA:

- Snoring
- Daytime sleepiness
- Waking up gasping or choking
- Waking up to use the bathroom
- Waking up feeling tired or unrefreshed
- Morning headaches
- Difficulty with memory
- Impotency.

If you experience any of these symptoms you may be at risk for OSA!

The risks of OSA

Poorly or untreated OSA is related to serious health issues such as:

- High blood pressure
- Heart disease
- Uncontrolled diabetes
- Stroke
- Depression
- Increased risk of work/driving accidents

Lack of oxygen to the brain and heart may lead to serious medical conditions that affect your quality of life.

They can't sleep if you can't sleep

Spouses, partners and families of those with sleep apnoea suffer indirectly from these snoring and breathing pauses. It causes both emotional concern and interruptions to their sleep. This in turn can strain relationships and intimacy.



CPAP is not for me!

Many OSA sufferers are directed to use Continuous Positive Airway Pressure (CPAP) but find it difficult to tolerate for the following reasons:

- Requires wearing a mask
- Needs a power source
- Is a hassle to maintain
- A burden to travel with.

Many patients just can't get used to wearing their CPAP.

Talk to your doctor about all available treatment options, especially if you started CPAP therapy and just can't get used to it.

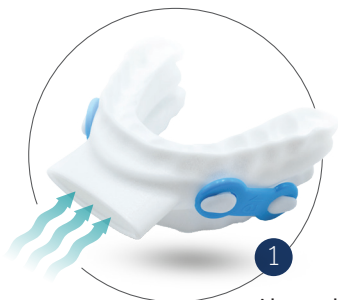
It is important that you find a solution that suits you, and your lifestyle.

The O2Vent® Optima solution!

The O2Vent® Optima **manages your airway!**

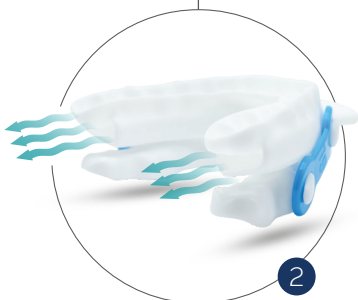
In addition to advancing the jaw forward, this is the **ONLY** oral device that includes a built-in airway channel to direct air to the back of the throat, providing further support.

How O2Vent[®] works



1

Air can be drawn into the O2Vent[®] if there is a nasal or soft palate blockage



2

Air passes through to the back of the throat



3

The O2Vent[®] advances and stabilises the lower jaw, brings the tongue forward and opens the airway

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If you have signs and symptoms of OSA and want a discreet, comfortable alternative to CPAP, talk to your health provider about O2Vent[®] Optima.

To learn more about O2Vent[®] Optima and to find a provider, visit

AwakeXpress.com



Sleep Better, Live Better

Learn more at O2Vent.com

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